

## Year of Saint Joseph

December 8, 2020 – December 8, 2021

***A summary below, of how you can receive the special indulgences granted by the Holy See for the Year of St. Joseph.***



The plenary indulgence is granted under the usual conditions (**Sacramental Confession,\* Eucharistic Communion and Prayer** according to the intentions of the Holy Father) to the faithful who, with a spirit detached from any sin, participate in the Year of Saint Joseph on the occasions and in the manners indicated by this Apostolic Penitentiary:

- ✠ Meditate for at least 30 minutes on the Our Father;
- ✠ Participate in a spiritual retreat of at least one day that includes a meditation on Saint Joseph;
- ✠ Perform a corporal or spiritual work of mercy;
- ✠ Recite the Holy Rosary in families and between the husband and wife;
- ✠ Entrust their work daily to the protection of Saint Joseph and to all believers who invoke with their Prayers the intercession of the worker of Nazareth;
- ✠ Pray the litany of Saint Joseph. (*for the Latin tradition*)

**Pray any lawfully approved Prayer or act of piety in honor of Saint Joseph, for example:**  
***“To you O blessed Joseph...” especially on:***

- ✠ March 19th (Solemnity of St. Joseph)
- ✠ May 1st (Feast of St. Joseph the Worker)
- ✠ December 26th (Feast of the Holy Family)
- ✠ The 19th day of every month
- ✠ Every Wednesday (*a day dedicated to the memory of the Saint according to the Latin tradition*)

**The gift of plenary indulgence extends to particularly:**

- ✠ The elderly
- ✠ The sick
- ✠ The dying
- ✠ All those who for legitimate reasons cannot leave their home

*\*Who, with the spirit detached from any sin and with the intention of fulfilling, as soon as possible, the **three usual conditions**: pray an act of piety in honor of Saint Joseph, consolation of the sick and patron of good death and, confidently offering God the pains and difficulties of his life.*

