



OUR LADY  
OF THE ANNUNCIATION  
*Bulletin*

**4th Sunday in Ordinary Time**

*Save us, O Lord our God! And  
gather us from the nations, to give  
thanks to your holy name, and  
make it our glory to praise you.  
(Psalm 105.47)*

Weekend of January 31<sup>st</sup> and February 1<sup>st</sup>, 2026

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**MASS SCHEDULE & INTENTIONS**

DATE	TIME	INFO
SAT – JAN 31	5:00 pm	<b>For: Gerry Waters</b> <b>By: Deidre Murphy</b>
SUN – FEB 1	9:00 am	<b>For: The Poor in Gatineau</b> <b>By: MGS Expert Contractors</b>
TUE – FEB 3	7:30 am	Pro Populo
WED – FEB 4	7:30 am	Pro Populo
THU – FEB 5	7:30 am	Pro Populo
FRI – FEB 6	7:00 pm	<b>First Friday Mass and Adoration</b>
SAT – FEB 7	5:00 pm	<b>For: Mena Mallette</b> <b>By: The Chabot Family</b>
SUN – FEB 8	9:00 am	Pro Populo
TUE – FEB 10	7:30 am	Pro Populo
WED – FEB 11	7:30 am	Pro Populo
THU – FEB 12	7:30 am	Pro Populo



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**ANNOUNCEMENTS**

- We wish to remind you that our Coffee Social will take place after the 9am mass on Sunday, February 1<sup>st</sup>. All are welcome to join in fellowship!
- OLA will be hosting a Bible study on "Spirituality of the Gospels" starting February 17<sup>th</sup>. The workshop will encompass six sessions on Tuesdays, at 1:00pm and parishioners of St Stephen are welcome to attend. There is a small fee of \$25.00 to cover the cost of the workbook. For further details, please contact Paul White at [paul.white@rogers.com](mailto:paul.white@rogers.com) or speak with him after Sunday Mass.

The 34<sup>th</sup> World Day of the Sick will be celebrated on February 11, 2026.

This year's theme, chosen by Pope Leo XIV, ***"The compassion of the Samaritan: loving by bearing another's pain"*** is a privileged moment of prayer, spiritual closeness, and reflection for the entire Church and for civil society.

Like the Good Samaritan that bent down to help the injured man along the road, the Christian community is also called to recognize the face of Christ in our sick and most vulnerable and highlights the aspect of love of neighbor.

Love needs concrete gestures of closeness, to stop and help those who suffer and who are ill, especially those who experience poverty, isolation, and loneliness.



*The compassion of the Samaritan:  
Loving by bearing another's pain*

**Prayer**

Lord of Life,  
in this moment we come to You  
with our hearts and minds  
troubled with names and stories of our brothers and sisters  
afflicted with sickness.  
In their pain, they cry out for your Mercy.  
We ask for the grace  
to know how to accompany and love them by bearing their pain.  
You who know pain and suffering,  
give us the strength of your Spirit, so that  
imitating the Good Samaritan,  
we may live the call to be neighbors,  
always doing good,  
with deep love for every human being.  
Mary, our Mother,  
under the title of Our Lady of Lourdes,  
Merciful Mother of God, attentive to the pain and sufferings of humanity,  
take us by the hand and bring us to your Son, Jesus,  
so that we never grow tired of consoling, healing and doing good.  
Amen