



OUR LADY  
OF THE ANNUNCIATION  
*Bulletin*

**30<sup>th</sup> Sunday in Ordinary Time:**  
*Let the hearts that seek the Lord rejoice; turn to  
the Lord and his strength; constantly seek his  
face. (Psalm 104.3-4)*

Weekend of October 25<sup>th</sup> and 26<sup>th</sup>, 2025

**MASS SCHEDULE & INTENTIONS**

| DATE         | TIME    | INFO                                                                                                                                                                                                                        |
|--------------|---------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| FRI – OCT 24 | 7:30 pm | Pro Populo                                                                                                                                                                                                                  |
| SAT – OCT 25 | 5:00 pm | <b>For:</b> JP Mallette and Family for spiritual support<br><b>By:</b> Betty Ann Ramsey                                                                                                                                     |
| SUN – OCT 26 | 9:00 am | <b>For:</b> Olabisi Margaret Akintunde in thanksgiving for a good life<br><b>By:</b> Olabisi Margaret Akintunde                                                                                                             |
| TUE – OCT 28 | 7:30 am | Pro Populo                                                                                                                                                                                                                  |
| WED – OCT 29 | 7:30 am | Pro Populo                                                                                                                                                                                                                  |
| THU – OCT 30 | 7:30 am | Pro Populo                                                                                                                                                                                                                  |
| FRI – OCT 31 | 7:30 am | Pro Populo                                                                                                                                                                                                                  |
| SAT – NOV 1  | 5:00 pm | <b>For:</b> the repose of the soul of Margot Laliberté and of Olive La Force<br><b>By:</b> Isobel Gordon                                                                                                                    |
| SUN – NOV 2  | 9:00 am | <b>For:</b> the repose of the soul of Christian Dawe<br><b>By:</b> Chantal Emond and Arsène Pétrin<br>AND<br><b>For:</b> Nathalie Lavergne on the 1 <sup>st</sup> Anniversary of her death<br><b>By:</b> Mom & Dad & Family |
| TUE – NOV 4  | 7:30 am | Pro Populo                                                                                                                                                                                                                  |

Parish office phone number: 819 777-6931 Email address: [ola@bellnet.ca](mailto:ola@bellnet.ca)



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## ANNOUNCEMENTS

- ⇒ Please remember that next Sunday, November 2<sup>nd</sup> is our Coffee Social, and all are welcome to join in fellowship after the 9am mass.
- ⇒ All parishioners are cordially invited to our Annual General Meeting, which will take place after the 9 am mass on November 9<sup>th</sup>. It will follow the same format as last year, including a breakfast potluck! We hope to see you there!



The 4<sup>th</sup> Archbishop Brunch 2025 for the English pastoral zone will be held on November 8<sup>th</sup> in Low Quebec at the Heritage Hall. Tickets are available at the Hospitality Table and all proceeds will be redistributed to community organizations in the English pastoral zone. More information can be found at:

[www.diocesegatineau.org/en/evenement/2025-archbishops-brunches/](http://www.diocesegatineau.org/en/evenement/2025-archbishops-brunches/)



Parenting teenagers is a time of big changes—for them and for you. Our Adolescence Course is designed to help parents navigate this critical stage with stronger communication, deeper understanding, and more confidence. Using a case-based methodology, parents learn from real-life situations, as moderators guide the analysis and facilitate dynamic group discussions.

### Topics

- Celebrating uniqueness
- Teenagers and responsibility
- Educating for love
- Knowing your teenager
- Time to flourish
- Making marriage stronger
- Pornography

### Dates

General Sessions @ Champlain Park Field House, 140 Carleton Ave, 7:00-9:00pm, **Saturdays**  
Oct. 25<sup>th</sup>, Nov. 15<sup>th</sup>, Jan 10<sup>th</sup>  
Jan. 31<sup>st</sup>, Mar. 7<sup>th</sup>, April 11<sup>th</sup>

One small group meeting (typically 1 hour) will take place prior to each general session, except the first one. Dates and times will be determined by each small group independently.

### Cost & registration

To register, visit our website or click here or scan QR Code.

\$200 payable by e-transfer to [familyenrichmentottawa@gmail.com](mailto:familyenrichmentottawa@gmail.com)

ottawa@iiffd.ca



<https://iiffd.ca/en/cities/ottawa>



For more information please call or text  
Gillian Roussy at 613-316-5444