



FAMILY ENRICHMENT OTTAWA

Presents:

Adolescence

For parents with children aged 14 to 17

Parenting teenagers is a time of big changes—for them and for you. Our Adolescence Course is designed to help parents navigate this critical stage with stronger communication, deeper understanding, and more confidence.

Using a case-based methodology, parents learn from real-life situations, as moderators guide the analysis and facilitate dynamic group discussions.

Topics

- Celebrating uniqueness
- Teenagers and responsibility
- Educating for love
- Knowing your teenager
- Time to flourish
- Making marriage stronger
- Pornography

Cost & registration

To register, visit our website or click here or scan Qr Code.

\$200 payable by e-transfer to
familyenrichmentottawa@gmail.com

Dates

General Sessions @ Champlain
Park Field House, 140 Carleton
Ave, **7:00–9:00pm, Saturdays**
Oct. 25th, Nov. 15th, Jan 10th,
Jan. 31st, Mar. 7th, April 11th

One small group meeting
(typically 1 hour) will take
place prior to each general
session, except the first one.
Dates and times will be
determined by each small
group independently.



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